

August Bank Holiday Guide



Protect your home whilst you're away...

Burglars will usually try to target homes that are the most vulnerable. Before you leave the house for a holiday or day trip, make sure to lock all windows and double lock doors, and don't forget to put on any alarms. Make sure your home isn't just protected during the day, by installing a movement sensor security light on the front and back entrances of your property.

Driving for long periods...

Bank holiday weekends are great for day trips, but it's important to think about safety first. Driving for long periods of time without rest breaks can be dangerous. Take regular driving breaks on long trips to avoid fatigue, one of the biggest reasons for car accidents.

Staying safe on the road during hot weather...

Avoid overheating your engine by checking your coolant reservoir before you set off. Always listen out for the fan when your engine is idle and keep an eye out for wet or white marks on coolant hoses (this could indicate a leak). If anything looks suspicious, have it looked at as soon as possible.

High temperatures and under-inflation of tyres worsen existing damage and weak spots on tyres, increasing the risk of punctures.

Car safety tip:

Don't forget to always pack an emergency kit in your car which could include:

- ✓ first aid kit
- ✓ spare fuses and bulbs for your car
- ✓ foot pump or tyre inflator
- ✓ tyre pressure gauge
- ✓ 1 litre of engine oil
- ✓ bottles of water

Before you set out on the road, make sure to plan your route ahead of time to avoid delays and traffic jams. Check your tyre condition and pressures.

